

Master Weekly Schedule

~ On-going Membership Registration-on line, any day (www.sarahheinzhouse.org) Call for Details (412) 231-2377

<i>Program</i>	<i>Time</i>	<i>Fees per season (Fall, Winter, Spring)</i>	<i>Notes</i>
MONDAYS-5TH-8TH GRADE ONLY			
Gamesroom	2:30-9:00PM	FREE	Must sign up for 30 min. slots
Teen Room (7 th -8 th Grade ONLY)	2:30-9:00PM	FREE	Must sign up for 30 min. slots
Open Gym (Old Gym)	2:30-7:00PM	FREE	Must sign up for 30 min. slots
Computer Lab	3:30-9:00PM	FREE	Must sign up for 30 min. slots
Open Gym (New Gym)	3:30-7:00PM	FREE	Must sign up for 30 min. slots
Homework Help	3:00-5:00PM	FREE	Must sign up for 30 min. slots
Free Meal	4:30-6:30PM	FREE	Must sign up for 30 min. slots
Swim Team	5:00-7:00PM	\$25, Monday and Tuesday	Must Tryout
Dance-Hip Hop Beginner Level	5:00-6:00PM	\$60	Less than 1 year experience
Sewing	6:00-7:00PM	\$15	
Fitness Center	6:00-7:00PM	FREE	
Dance-Hip Hop Medium Level	6:00-7:00PM	\$60	1-3 year's experience
Media Lab: Advanced Comic Book Lab w/Toonseum	6:00-7:00PM	\$15	For experienced artists (took Fall class or other instruction)
JUNIOR GYM/SWIM (COED)	7:00-8:00PM	FREE	All Genders: 5th & 6th Grade
Free Snack	7:00-7:30PM	FREE	Will be delivered to programs
Fitness Center	8:00-9:00PM	FREE	
Cooking	8:00-9:00PM	\$20	
INTERMEDIATE GYM/SWIM (COED)	8:00-9:00PM	FREE	All Genders: 7th & 8th Grade
TUESDAYS-5TH-8TH GRADE ONLY			
Gamesroom	2:30-9:00PM	FREE	Must sign up for 30 min. slots
Teen Room (7 th -8 th Grade ONLY)	2:30-9:00PM	FREE	Must sign up for 30 min. slots
Open Gym (Old Gym)	2:30-9:00PM	FREE	Must sign up for 30 min. slots
Computer Lab	3:30-9:00PM	FREE	Must sign up for 30 min. slots
Open Gym (New Gym)	3:30-9:00PM	FREE	Must sign up for 30 min. slots
Homework Help	3:00-6:00PM	FREE	Must sign up for 30 min. slots
Free Meal	4:30-6:30PM	FREE	Must sign up for 30 min. slots
Dance-Ballet/PrePoint-JRS & INT.	5:00-6:00PM	\$60	5 th -8 th Grade
Swim Team	5:00-6:00PM	\$25, Monday and Tuesday	Mut Tryout
Media Lab: Jewelry Making Lab	5:30-6:30PM	\$15	5th-8th Grade
Swim Lessons	6:00-7:00PM	\$25	Deep Swimmers
Dance-Tap, Lyrical, Jazz Combo-Intermediates	6:00-7:00PM	\$60	7 th -8 th Grade
Fitness Center	6:00-7:00PM	FREE	
Cross-Stitch	6:00-7:00PM	\$15	
Robotics-Juniors and Intermediates	6:30-7:30PM	\$30	5 th -8 th Grade
Swim Lessons	7:00-8:00PM	\$25	Shallow Swimmers
JUNIOR CLUB (COED)	7:00-8:00PM	FREE	All Genders: 5th & 6th Grade
Free Snack	7:00-7:30PM	FREE	Will be delivered to programs
Robotics-VEX IQ Team	7:30-8:30PM	\$30	
Dance- Tap, Lyrical, Jazz Combo-Juniors	8:00-9:00PM	\$60	5 th -6 th Grade
Fitness Center	8:00-9:00PM	FREE	
INTERMEDIATE CLUB (COED)	8:00-9:00PM	FREE	All Genders: 7th & 8th Grade
WEDNESDAYS-9TH-12TH GRADE & PRESCHOOL GRADE ONLY			
Gamesroom	2:30-8:00PM	FREE	Must sign up for 30 min. slots
Teen Room	2:30-8:00PM	FREE	Must sign up for 30 min. slots
Open Gym (Old Gym)	2:30-8:00PM	FREE	Must sign up for 30 min. slots
Computer Lab	3:30-8:00PM	FREE	Must sign up for 30 min. slots
Open Gym (New Gym)	3:30-8:00PM	FREE	Must sign up for 30 min. slots
Homework Help	3:00-5:00PM	FREE	Must sign up for 30 min. slots
Free Meal	4:30-6:30PM	FREE	Must sign up for 30 min. slots
STEAM-Preschool	5:00-5:30PM	\$45	4 year old-Kindergarten
Dance-Ballet/Tap Combo TOTS	5:00-5:30PM	\$50	3 Year Old Only
Swim Team	5:00-6:00PM	\$25	
Robotics-VEX TEAM	5:00-9:00PM	\$65 Full Members, \$130 Social Members	Invite Only
Swim Lessons-TOTS	6:00-6:30PM	\$60	6 months-3 years old
Dance-Ballet/Tap Combo PRESCHOOL	6:00-6:30PM	\$50	4 year old-Kindergarten
Fitness Center	6:00-8:00PM	FREE	Must sign up for 1 hr. slot
Media Lab: XR Lab (Virtual Reality)	6:30-8:00PM	\$15	Virtual offerings available
Swim Lessons-PRESCHOOL	7:00-7:30PM	\$60	4 year old-Kindergarten
Dance-Jazz/Lyrical Combo	7:00-8:00PM	\$60	
Free Snack	7:00-7:30PM	FREE	Will be delivered to programs
MIDDLER/SENIOR GYM/SWIM (COED)	8:00-9:00PM	FREE	All Genders: 9TH-12TH Grade

THURSDAYS-9TH-12TH GRADE & PRESCHOOL GRADE ONLY			
Gamesroom	2:30-8:00PM	FREE	Must sign up for 30 min. slots
Teen Room	2:30-8:00PM	FREE	Must sign up for 30 min. slots
Open Gym (Old Gym)	2:30-8:00PM	FREE	Must sign up for 30 min. slots
Computer Lab	3:30-8:00PM	FREE	Must sign up for 30 min. slots
Open Gym (New Gym)	3:30-8:00PM	FREE	Must sign up for 30 min. slots
Homework Help	3:00-5:00PM	FREE	Must sign up for 30 min. slots
Free Meal	4:30-6:30PM	FREE	Must sign up for 30 min. slots
STEAM-Preschool	5:00-5:30PM	\$45	4 year old-Kindergarten
Dance-Creative Movement/Tap Combo-TOTS	5:00-5:30PM	\$50	3 Year Old Only
Keystone Club	5:00-6:00PM	FREE	Must apply with Marcus/Hannah
Robotics-FRC Team	5:00-9:00PM	\$90 Full Members, \$180 Social Members	Invite Only
Swim Lessons-TOTS	6:00-6:30PM	\$60	6 months-3 years old
Dance-Creative Movement/Tap Combo PRESCHOOL	6:00-6:30PM	\$50	4 year old-Kindergarten
Fitness Center	6:00-8:00PM	FREE	Must sign up for 1 hr. slot
Media Lab-Dungeon Master Lab	7:00-8:00PM	\$15	Virtual Offering Available
Swim Lessons-PRESCHOOL	7:00-7:30PM	\$60	4 year old-Kindergarten
Dance-Ballet/Pointe	7:00-8:00PM	\$60	
Free Snack	7:00-7:30PM	FREE	Will be delivered to programs
Dance-Tap/Strength & Conditioning Combo	8:00-9:00PM	\$60	
MIDDLER/SENIOR CLUB (COED)	8:00-9:00PM	FREE	All Genders: 9TH-12TH Grade
FRIDAYS-1ST-4TH GRADE ONLY			
Gamesroom	2:30-9:00PM	FREE	Must sign up for 30 min. slots
Open Gym (Old Gym)	2:30-6:00PM	FREE	Must sign up for 30 min. slots
Homework Help	3:00-5:00PM	FREE	Must sign up for 30 min. slots
Computer Lab	3:30-9:00PM	FREE	Must sign up for 30 min. slots
Open Gym (New Gym)	3:30-6:00PM	FREE	Must sign up for 30 min. slots
Free Meal	4:30-6:30PM	FREE	Must sign up for 30 min. slots
Swim Lessons	5:00-6:00PM	\$25	
Dance-Ballet/Jazz Combo PREPS	5:00-6:00PM	\$60	3 rd & 4 th Grade
Cooking	5:00-6:00PM	\$20	
STARTER GYM/SWIM (COED)	6:00-7:00PM	FREE	All Genders: 1st & 2nd Grade
Free Snack	7:00-7:30PM	FREE	Will be delivered to programs
Robotics-Starters	7:00-8:00PM	\$30	1 st and 2 nd Grade
Dance-Tap/Improv Combo STARTERS	7:00-8:00PM	\$60	1 st and 2 nd Grade
PREP GYM/SWIM (COED)	7:00-8:00PM	FREE	All Genders: 3rd & 4th Grade
Open Gym (Old Gym)	8:00-9:00PM	FREE	Must sign up for 30 min. slots
Open Gym (New Gym)	8:00-9:00 PM	FREE	Must sign up for 30 min. slots
Swim Lessons	8:00-9:00 PM	\$25	
Dance-Broadway PREPS	8:00-9:00 PM	\$60	3 rd & 4 th Grade
Sewing	8:00-9:00 PM	\$15	
SATURDAYS--1ST-4TH GRADE ONLY			
Gamesroom	9:00AM-3:00PM	FREE	Must sign up for 30 min. slots
Open Gym (Old Gym)	9:00AM-3:00PM	FREE	Must sign up for 30 min. slots
Computer Lab	9:00AM-3:00PM	FREE	Must sign up for 30 min. slots
Open Gym (New Gym)	9:00AM-12:00PM	FREE	Must sign up for 30 min. slots
Media Lab-Starters	9:00-10:00AM	\$15	1 st -2 nd Grade
Dance-Ballet/Jazz Combo STARTERS	9:00-10:00AM	\$60	1 st & 2 nd Graders
Media Lab- Preps	10:00-11:00AM	\$15	3 rd -4 th Grade
Robotics-PREPS	10:00-11:00AM	\$30	3 rd & 4 th Graders
Dance-Tap/Improv Combo PREPS	10:00-11:00AM	\$60	3 rd & 4 th Graders
STARTER CLUB (COED)	10:00-11:00AM	FREE	All Genders: 1st & 2nd Grade
Free Meal	11:00AM-1:00PM	FREE	Must sign up for 30 min. slots
Dance-Broadway STARTERS	11:00AM-12:00PM	\$60	1 st & 2 nd Graders
PREP CLUB (COED)	11:00AM-12:00PM	FREE	All Genders: 3rd & 4th Grade
Open STEAM	12:00-3:00PM	FREE	Must sign up for 30 min. slots
Swim Lessons	12:00-1:00PM	\$25	
Soccer Camp	12:00-3:00PM	\$20 per 1 hour session	Can only sign up for one 1 hr session
Fun For All	12:00-1:00PM	\$15	
Swim Lessons	1:00-2:00PM	\$25	
Martial Arts-Beginner	1:00-2:00PM	\$50	
Free Snack	1:30-2:00PM	FREE	Will be delivered to programs
Martial Arts-Experienced	2:00-3:00PM	\$50	