

## Master Weekly Schedule

~ On-going Membership Registration-on line, any day ([www.sarahheinzhouse.org](http://www.sarahheinzhouse.org)) Call for Details (412) 231-2377

<i>Program</i>	<i>Time</i>	<i>Fees per season (Fall, Winter, Spring)</i>	<i>Notes</i>
<b>MONDAYS-5TH-8TH GRADE ONLY</b>			
Gamesroom	2:30-9:00PM	FREE	Must sign up for 30 min. slots
Teen Room (7 <sup>th</sup> -8 <sup>th</sup> Grade ONLY)	2:30-9:00PM	FREE	Must sign up for 30 min. slots
Open Gym (Old Gym)	2:30-7:00PM	FREE	Must sign up for 30 min. slots
Computer Lab	3:30-9:00PM	FREE	Must sign up for 30 min. slots
Open Gym (New Gym)	3:30-7:00PM	FREE	Must sign up for 30 min. slots
Homework Help	3:00-5:00PM	FREE	Must sign up for 30 min. slots
Free Meal	4:30-6:30PM	FREE	Must sign up for 30 min. slots
Swim Team	5:00-7:00PM	\$25, Monday and Tuesday	Must Tryout
Dance-Hip Hop Beginner Level	5:00-6:00PM	\$60	Less than 1 year experience
Sewing	6:00-7:00PM	\$15	
Fitness Center	6:00-7:00PM	FREE	
Dance-Hip Hop Medium Level	6:00-7:00PM	\$60	1-3 year's experience
Media Lab: Comic Book Lab w/Toonseum	6:00-7:00PM	\$15	Virtual offering available
<b>JUNIOR GYM/SWIM (COED)</b>	<b>7:00-8:00PM</b>	<b>FREE</b>	<b>All Genders: 5<sup>th</sup> &amp; 6<sup>th</sup> Grade</b>
Free Snack	7:00-7:30PM	FREE	Will be delivered to programs
Dance-Hip Hop Advanced	8:00-9:00PM	\$60	3+ years experience
Fitness Center	8:00-9:00PM	FREE	
Cooking	8:00-9:00PM	\$20	
<b>INTERMEDIATE GYM/SWIM (COED)</b>	<b>8:00-9:00PM</b>	<b>FREE</b>	<b>All Genders: 7<sup>th</sup> &amp; 8<sup>th</sup> Grade</b>
<b>TUESDAYS-5TH-8TH GRADE ONLY</b>			
Gamesroom	2:30-9:00PM	FREE	Must sign up for 30 min. slots
Teen Room (7 <sup>th</sup> -8 <sup>th</sup> Grade ONLY)	2:30-9:00PM	FREE	Must sign up for 30 min. slots
Open Gym (Old Gym)	2:30-9:00PM	FREE	Must sign up for 30 min. slots
Computer Lab	3:30-9:00PM	FREE	Must sign up for 30 min. slots
Open Gym (New Gym)	3:30-9:00PM	FREE	Must sign up for 30 min. slots
Homework Help	3:00-6:00PM	FREE	Must sign up for 30 min. slots
Free Meal	4:30-6:30PM	FREE	Must sign up for 30 min. slots
Dance-Ballet/PrePoint-JRS & INT.	5:00-6:00PM	\$60	5 <sup>th</sup> -8 <sup>th</sup> Grade
Swim Team	5:00-6:00PM	\$25, Monday and Tuesday	Mut Tryout
Media Lab: Dungeons and Dragons Lab	5:30-6:30PM	\$15	Virtual offering available
Swim Lessons	6:00-7:00PM	\$25	Deep Swimmers
Dance-Tap, Lyrical, Jazz Combo-Intermediates	6:00-7:00PM	\$60	7 <sup>th</sup> -8 <sup>th</sup> Grade
Fitness Center	6:00-7:00PM	FREE	
Cross-Stitch	6:00-7:00PM	\$15	
Robotics-Juniors and Intermediates	6:30-7:30PM	\$30	5 <sup>th</sup> -8 <sup>th</sup> Grade
Swim Lessons	7:00-8:00PM	\$25	Shallow Swimmers
<b>JUNIOR CLUB (COED)</b>	<b>7:00-8:00PM</b>	<b>FREE</b>	<b>All Genders: 5<sup>th</sup> &amp; 6<sup>th</sup> Grade</b>
Junior Keystone Club	7:00-8:00PM	FREE	Must apply with Hannah and Marcus
Free Snack	7:00-7:30PM	FREE	Will be delivered to programs
Robotics-VEX IQ Team	7:30-8:30PM	\$30	
Dance- Tap, Lyrical, Jazz Combo-Juniors	8:00-9:00PM	\$60	5 <sup>th</sup> -6 <sup>th</sup> Grade
Fitness Center	8:00-9:00PM	FREE	
<b>INTERMEDIATE CLUB (COED)</b>	<b>8:00-9:00PM</b>	<b>FREE</b>	<b>All Genders: 7<sup>th</sup> &amp; 8<sup>th</sup> Grade</b>
<b>WEDNESDAYS-9TH-12TH GRADE &amp; PRESCHOOL GRADE ONLY</b>			
Gamesroom	2:30-8:00PM	FREE	Must sign up for 30 min. slots
Teen Room	2:30-8:00PM	FREE	Must sign up for 30 min. slots
Open Gym (Old Gym)	2:30-8:00PM	FREE	Must sign up for 30 min. slots
Computer Lab	3:30-8:00PM	FREE	Must sign up for 30 min. slots
Open Gym (New Gym)	3:30-8:00PM	FREE	Must sign up for 30 min. slots
Homework Help	3:00-5:00PM	FREE	Must sign up for 30 min. slots
Free Meal	4:30-6:30PM	FREE	Must sign up for 30 min. slots
STEAM-Preschool	5:00-5:30PM	\$45	4 year old-Kindergarten
Dance-Ballet/Tap Combo TOTS	5:00-5:30PM	\$50	3 Year Old Only
Swim Team	5:00-6:00PM	\$25	
Robotics-VEX TEAM	5:00-9:00PM	\$65 Full Members, \$130 Social Members	Invite Only
Swim Lessons-TOTS	6:00-6:30PM	\$60	6 months-3 years old
Dance-Ballet/Tap Combo PRESCHOOL	6:00-6:30PM	\$50	4 year old-Kindergarten
Fitness Center	6:00-8:00PM	FREE	Must sign up for 1 hr. slot
Media Lab-Cricut Crafting Lab	7:00-8:00PM	\$15	
Swim Lessons-PRESCHOOL	7:00-7:30PM	\$60	4 year old-Kindergarten
Dance-Jazz/Lyrical Combo	7:00-8:00PM	\$60	

<b>WEDNESDAYS- (cont)</b>			
Free Snack	7:00-7:30PM	FREE	Will be delivered to programs
<b>MIDDLER/SENIOR GYM/SWIM (COED)</b>	<b>8:00-9:00PM</b>	<b>FREE</b>	<b>All Genders: 9<sup>TH</sup>-12<sup>TH</sup> Grade</b>
<b>THURSDAYS-9<sup>TH</sup>-12<sup>TH</sup> GRADE &amp; PRESCHOOL GRADE ONLY</b>			
Gamesroom	2:30-8:00PM	FREE	Must sign up for 30 min. slots
Teen Room	2:30-8:00PM	FREE	Must sign up for 30 min. slots
Open Gym (Old Gym)	2:30-8:00PM	FREE	Must sign up for 30 min. slots
Computer Lab	3:30-8:00PM	FREE	Must sign up for 30 min. slots
Open Gym (New Gym)	3:30-8:00PM	FREE	Must sign up for 30 min. slots
Homework Help	3:00-5:00PM	FREE	Must sign up for 30 min. slots
Free Meal	4:30-6:30PM	FREE	Must sign up for 30 min. slots
STEAM-Preschool	5:00-5:30PM	\$45	4 year old-Kindergarten
Dance-Creative Movement/Tap Combo-TOTS	5:00-5:30PM	\$50	3 Year Old Only
Keystone Club	5:00-6:00PM	FREE	Must apply with Marcus/Hannah
Robotics-FRC Team	5:00-9:00PM	\$90 Full Members, \$180 Social Members	Invite Only
Media Lab-E-Textiles	5:30-7:00PM	\$15	Virtual Offerings Available
Swim Lessons-TOTS	6:00-6:30PM	\$60	6 months-3 years old
Dance-Creative Movement/Tap Combo PRESCHOOL	6:00-6:30PM	\$50	4 year old-Kindergarten
Fitness Center	6:00-8:00PM	FREE	Must sign up for 1 hr. slot
Media Lab-Photography Lab	7:00-8:00PM	\$15	
Swim Lessons-PRESCHOOL	7:00-7:30PM	\$60	4 year old-Kindergarten
Dance-Ballet/Pointe	7:00-8:00PM	\$60	
Free Snack	7:00-7:30PM	FREE	Will be delivered to programs
Dance-Tap/Strength & Conditioning Combo	8:00-9:00PM	\$60	
<b>MIDDLER/SENIOR CLUB (COED)</b>	<b>8:00-9:00PM</b>	<b>FREE</b>	<b>All Genders: 9<sup>TH</sup>-12<sup>TH</sup> Grade</b>
<b>FRIDAYS-1<sup>ST</sup>-4<sup>TH</sup> GRADE ONLY</b>			
Gamesroom	2:30-9:00PM	FREE	Must sign up for 30 min. slots
Open Gym (Old Gym)	2:30-6:00PM	FREE	Must sign up for 30 min. slots
Computer Lab	3:30-9:00PM	FREE	Must sign up for 30 min. slots
Open Gym (New Gym)	3:30-6:00PM	FREE	Must sign up for 30 min. slots
Free Meal	4:30-6:30PM	FREE	Must sign up for 30 min. slots
Swim Lessons	5:00-6:00PM	\$25	
Dance-Ballet/Jazz Combo PREPS	5:00-6:00PM	\$60	3 <sup>rd</sup> & 4 <sup>th</sup> Grade
Cooking	5:00-6:00PM	\$20	
<b>STARTER GYM/SWIM (COED)</b>	<b>6:00-7:00PM</b>	<b>FREE</b>	<b>All Genders: 1<sup>st</sup> &amp; 2<sup>nd</sup> Grade</b>
Free Snack	7:00-7:30PM	FREE	Will be delivered to programs
Robotics-Starters	7:00-8:00PM	\$30	1 <sup>st</sup> and 2 <sup>nd</sup> Grade
Dance-Tap/Improv Combo STARTERS	7:00-8:00PM	\$60	1 <sup>st</sup> and 2 <sup>nd</sup> Grade
<b>PREP GYM/SWIM (COED)</b>	<b>7:00-8:00PM</b>	<b>FREE</b>	<b>All Genders: 3<sup>rd</sup> &amp; 4<sup>th</sup> Grade</b>
Open Gym (Old Gym)	8:00-9:00PM	FREE	Must sign up for 30 min. slots
Open Gym (New Gym)	8:00-9:00 PM	FREE	Must sign up for 30 min. slots
Swim Lessons	8:00-9:00 PM	\$25	
Dance-Broadway PREPS	8:00-9:00 PM	\$60	3 <sup>rd</sup> & 4 <sup>th</sup> Grade
Sewing	8:00-9:00 PM	\$15	
<b>SATURDAYS--1<sup>ST</sup>-4<sup>TH</sup> GRADE ONLY</b>			
Gamesroom	9:00AM-3:00PM	FREE	Must sign up for 30 min. slots
Open Gym (Old Gym)	9:00AM-3:00PM	FREE	Must sign up for 30 min. slots
Computer Lab	9:00AM-3:00PM	FREE	Must sign up for 30 min. slots
Open Gym (New Gym)	9:00AM-12:00PM	FREE	Must sign up for 30 min. slots
Media Lab-Starters	9:00-10:00AM	\$15	1 <sup>st</sup> -2 <sup>nd</sup> Grade
Dance-Ballet/Jazz Combo STARTERS	9:00-10:00AM	\$60	1 <sup>st</sup> & 2 <sup>nd</sup> Graders
Media Lab- Preps	10:00-11:00AM	\$15	3 <sup>rd</sup> -4 <sup>th</sup> Grade
Robotics-PREPS	10:00-11:00AM	\$30	3 <sup>rd</sup> & 4 <sup>th</sup> Graders
Dance-Tap/Improv Combo PREPS	10:00-11:00AM	\$60	3 <sup>rd</sup> & 4 <sup>th</sup> Graders
<b>STARTER CLUB (COED)</b>	<b>10:00-11:00AM</b>	<b>FREE</b>	<b>All Genders: 1<sup>st</sup> &amp; 2<sup>nd</sup> Grade</b>
Free Meal	11:00AM-1:00PM	FREE	Must sign up for 30 min. slots
Dance-Broadway STARTERS	11:00AM-12:00PM	\$60	1 <sup>st</sup> & 2 <sup>nd</sup> Graders
<b>PREP CLUB (COED)</b>	<b>11:00AM-12:00PM</b>	<b>FREE</b>	<b>All Genders: 3<sup>rd</sup> &amp; 4<sup>th</sup> Grade</b>
Open STEAM	12:00-3:00PM	FREE	Must sign up for 30 min. slots
Swim Lessons	12:00-1:00PM	\$25	
Basketball Camp	12:00-3:00PM	\$20 per 1 hour session	Can only sign up for one 1 hr session
Fun For All	12:00-1:00PM	\$15	
Swim Lessons	1:00-2:00PM	\$25	
Martial Arts-Beginner	1:00-2:00PM	\$50	
Free Snack	1:30-2:00PM	FREE	Will be delivered to programs
Martial Arts-Experienced	2:00-3:00PM	\$50	