

CONGREGATE MEAL MENU

April 2025

	April 1	April 2	April 3	April 4
	Chicken w/Gravy Broccoli & Cauliflower Roasted Potato Wedges WW Bread w/Marg. Apple Lorna Doone cookie	Stuffed Cabbage Roll Mashed Potatoes Green Beans WW Bread w/Marg. Greek Yoghurt w/ Berries	Chicken Avocado Salad Salad w/Dressing Stuffed Pepper Soup WW Bread w/Marg. Fresh Fruit Salad	Spanish Omelette Diced Potatoes Peppers & Onions Croissant w/Marg. Fresh Fruit Salad
April 7	April 8	April 9	April 10	April 11
Meatloaf w/Gravy Mashed Potatoes Carrots WW Bread w/Marg. Banana Bread	Chicken Cordon Bleu Green Beans Vegetable Soup WW Bread w/Marg. Strawberry Banana Applesauce	Beef Stroganoff Tossed Salad w/Dressing Peas Rotini Pound Cake w/ Berries	BBQ Turkey Flatbread Potato Salad WG Flatbread Fresh Cantaloupe	Sweet and Sour Salmon Asian Vegetables Brown Rice WW Bread w/Marg. Tropical Fruit
April 14	April 15	April 16	April 17	April 18
French Onion Chopped Steak Mashed Potatoes Asparagus & Red Peppers WW Bread w/Marg. Mini Chocolate Chip Cookies	Raspberry BBQ Chicken Succotash Roasted Sweet Potatoes WW Sandwich Roll Fresh Cantaloupe	Deli Plate Lettuce, cucumbers & tomatoes French Onion Soup WW Bread w/Marg. Fresh Orange Berry Vanilla Cookies	Swiss Steak Broccoli Mashed Potatoes WW Bread w/Marg. Fresh Pear	Stuffed Shells Green Beans Italian Seasoned Carrots Mandarin Oranges Chocolate Pudding
April 21	April 22	April 23	April 24	April 25
Penne w/Meatballs Broccoli Tossed Salad w/Dressing Penne w/Sauce Jello	Garlic Dijon Chicken Whipped Sweet Potatoes Spinach WW Bread w/Marg. Diced Pineapple	Pulled Pork Sandwich Coleslaw Chuckwagon Corn WW Sandwich Roll Fresh Cantaloupe BBQ Sauce	Chicken BLT Salad Salad w/Dressing Zucchini Parmesan Soup WW Bread w/Margarine Fresh Fruit Salad Oreo cookies	Vegetable Lasagna Carrots Tossed Salad w/Dressing Garlic Knot Fresh Orange
April 28	April 29	April 30		
Maple Glazed Pork w/Gravy Roasted Sweet Potatoes Balsamic Brussels Sprouts WW Bread w/Marg. Banana Pudding w/ Graham crackers	Pub Steak Cheeseburger WW Sandwich Roll Broccoli w/Ranch dip Tomato Soup Fresh Orange	Ham & Cheese Frittata Greek Salad w/Dressing Roasted Red Potato Wedges Bread Greek Yogurt w/ 1/4 C Berries		

All meals include milk. Menus are subject to change if necessary due to supply and/or emergency.

Please be advised that food served may contain one of the following ingredients: milk, egg, fish (cod, tilapia), crustacean shellfish (crab, shrimp), tree nuts (almonds, pecans, walnuts), wheat, peanuts, soybeans.

