

Sarah Heinz House 2021 Fall Preschool & Tot Schedule



PRESCHOOL/TOT programs run September 7th -November 13th Space is limited. Register at www.sarahheinzhouse.org

In response to our COVID-19 efforts, only <u>ONE ADULT PER PARTICIPANT</u> will be able to enter the building. Adults will be permitted to socially distance in the Great Hall Sitting Area as they wait for their child. For the aquatics/swim lesson programs, ONE adult/parent MUST accompany each child in the water.

SWIMMING

TOTS: (Age 6mos – 3years) Introduces parents and their infants to routines and guidelines that promote safety in and around the water. Participants will be taught methods that will help infants to be happy in the water and begin preparing them for basic aquatic skills. An adult/parent MUST accompany each child in the water.

One Adult per Child only.

Tuesdays, 5:30-6:00 PM Saturdays, 10:30-11:00 AM

Cost: \$60

PRESCHOOL: (Age 4- K) Introduces parents and their preschoolers to the swimming environment, helps them gain greater independence in their skills and develop more comfort in and around the water. An adult/parent MUST accompany each child in the water. One Adult per Child only.

Tuesdays, 7:00-7:30 PM Saturdays, 10:00-10:30 AM

Cost: \$60

DANCE

TOTS: (Age 3) 3 year olds will have fun exploring movement and the early foundations of a number of dance styles. Dancers will develop their skills and perform at the end of the year.

Tuesdays: Tap/Ballet/Combo 4:45-5:15 PM

Tuesdays: Tumbling 6:00-6:30 PM

Wednesdays: Creative Movement 5:30-6:00

Cost: \$50

PRESCHOOL: (Age 4-K) Preschoolers will have fun exploring movement and the early foundations of a number of dance styles. Dancers will develop their skills and perform at the end of the year.

Mondays: Hip Hop 5:00-5:30 PM

Tuesdays: Creative Movement 6:30-7:00 PM

Thursdays: Tumbling 6:45-715 PM

Saturdays: Ballet/Tap/Combo 9:00-9:30 AM

Cost: \$50

S.T.E.A.M. (Science, Technology, Engineering, Arts, and Math)

PRESCHOOL: (Ages 4-K) Allow your preschooler to wonder, and construct knowledge through curiosity and hands-on fun! We will explore concepts such as magnetism, light, engineering, tools, programming, and so much more!

Tuesdays: 5:00-5:30 PM Fridays: 5:00-5:30 PM

Cost: \$45

Sports Leagues

PRESCHOOL: (Ages 4-K) Preschoolers will have a blast learning to throw, kick, run, and jump through a variety of sports taught by our coaches. Children will also learn soft skills such as teamwork, discipline, and sportsmanship.

Fridays: 5:30 - 6:30 PM

Cost: \$50