March, 2021

Dear Parents of Resident Campers,

We thank you for the opportunity to work with your child and we look forward to meeting and speaking with you at the Parent and Camper Meeting. The Girls Camper Meeting is on Tuesday, June 15th at 6pm and the Boys Camper Meeting is on Tuesday, July 6th at 6pm. The campers will be able to pick their tent-mates and meet their counselors and the parents will be able to listen and discuss Camp with the Assistant Camp Director and me. We look forward to seeing you there! If you have any questions/concerns before then, please do not hesitate to email us at overnightcamps@sarahheinzhouse.com or call 412-231-2377.

At Resident Camp, we offer many outstanding programs for your child. Some of our programs that we plan and implement for your child/teen (such as ropes course, paintball, etc.) require additional permission.

PLEASE RETURN THE SUMMER FOOD APPLICATION ON OR BEFORE May 28, 2021

The summer food application is enclosed with this letter:

1. **Summer Food Application** (ALL CAMPERS)
   The Summer Food Application is required for **ALL** campers. Each year, we participate in the Summer Food Program which ensures that all of our campers receive a daily, balanced diet while away at Resident Camp. By completing the form, we are able to determine if your child qualifies for this program.

THE FORMS BELOW SHOULD HAVE BEEN COMPLETED ONLINE AS PART OF REGISTRATION AND ARE NOT INCLUDED IN THIS MAILING

1. **Camper Confidential** (ALL CAMPERS)
   This form provides additional information from parents/guardians about your child, so staff at Heinz House Camp can better serve them while they are away from home.

2. **Ropes Course Permission Slip** (ALL CAMPERS)
   The Ropes Course Permission Slip must be completed for each camper that is attending Resident Camp. At Resident Camp, the campers can participate in our Low and High Ropes Course. Campers are able to build leadership and teamwork skills as they complete our Low Ropes Course, which challenges the camper to complete an element that sits only one foot of the ground. The High Ropes Course challenges our campers to face their fears and build confidence as they complete elements that are forty feet off the ground, with the use of a harness. As the parent/guardian, you must complete the form and specify if you give or not give permission for your child to participate in the program.

3. **Paintball Permission** (AGE 12 AND OLDER)
   On our 110-acre campus, our older campers have the opportunity to participate in our Paintball Program. Before any camper goes to the course, they are instructed on how to safely use the equipment, so they do not hurt themselves or their peers. This program is strictly optional and is only offered to our campers that are 12 years and older.

Also, the **Overnight Camp Handbook** can be found on our website www.sarahheinzhouse.org. The Handbook outlines all of our policies, procedures, and important dates to remember in regard to both Girls and Boys Camp. If you have any questions or concerns with anything in the Handbook, please contact overnightcamps@sarahheinzhouse.com or call 412 231-2377.

Thank You!

Sincerely,

Sherri Kotwica “Mama Bear” & Dan Turkovich
Girls Camp Director & Boys Camp Director