

WEEKLY JULY 2019

	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
	7-1	7-2	7-3	7-4 CLOSED	7-5
Cold	2OZ MOZZARELLA CHEESE 1/2 OZ PEPPERONI PITA BREAD 1/4C TOMATO SAUCE 1/2C BABY CARROTS 2 CLEMENTINES 1 RANCH PACK	3OZ CHICKEN SALAD 1 BUN 1OZ TORTILLA CHIPS 1/8C LETTUCE 1 PICKLE 1/2C SALSA 1/2C GRAPES	CHICKEN AND CHEESE PASTA 2OZ CHICKEN 1/2OZ CHEESE 1/2C PASTA 1/2C VEGGIES 1/2C BERRIES	CHEF SALAD 1 OZ TURKEY 1/2OZ CHEESE 1/2 EGG 1 TURKEY BACON SLICE 1C SALAD GREENS 1/2C CHERRY TOMATOES & CARROTS 1 DINNER ROLL ITALIAN PACKET 1 MARGARINE PAT	TURKEY WRAP W/ 3OZ TURKEY 1 /2OZ AMERICAN CHEESE 1 VEGETABLE TORTILLA 1/2C CARROT S 1 KIWI 1 MUSTARD PACKET
Hot	2OZ MOZZARELLA CHEESE 1/2OZ PEPPERONI PITA BREAD 1/4C TOMATO SAUCE 1/2C MIXED VEGETABLES 2 CLEMENTINES 1 RANCH PACK	1 HAMBURGER 1 SLICE AMERICAN CHEESE 1 BUN 1/4C LETTUCE 1 TOMATO SLICE 1 PICKLE 1/2C GREEN BEANS 1/2C GRAPES	1OZ TURKEY SAUSAGE PATTY 1 EGG PATTY 1 SLICE AMERICAN CHEESE 1 ENGLISH MUFFIN 1/2C PARSLEY POTATOES 1/2C BERRIES	3 OZ MEATBALLS 1/2C PASTA 1C SALAD GREENS 1/2C CHERRY TOMATOES & CARROTS ITALIAN PACKET	2OZ TURKEY TACO MEAT 1/2OZ CHEDDAR 1 TORTILLA WRAP 1/2C LETTUCE 1/4C TOMATO 1 KIWI 2 TACO PACKETS
Brk	DAY 5: CINNAMON BREAD PLUM 1 MARGARINE HALF PINT LOW FAT MILK	DAY 6: GRANOLA BAR 2 CLEMENTINES HALF PINT LOW FAT MILK	DAY 7: CINNAMON ROLL 6OZ APPLE JUICE HALF PINT LOW FAT MILK	DAY 8: CEREAL 1 BANANA HALF PINT LOW FAT MILK	DAY 9: BANANA BREAD 1/2C STRAWBERRIES 1 MARGARINE HALF PINT LOW FAT MILK
Snack	TORTILLA CHIPS 1/2C SALSA	4OZ YOGURT 1OZ GRANOLA 1/2C BERRIES	1 SUN BUTTER CUP 1/2C CELERY STICKS 1 PACK RAISINS	ANIMAL CRACKERS 1/2C APPLESAUCE	CHEEZITS 6OZ FRUIT JUICE