



January 2019 Snack Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Wk 1	1 Closed	2	3	4	5
		1 oz Cheddar Sun Chips 3/4 C Pepper Strips	1 oz American Cheese Slices 1 oz WGR Saltines	4 oz Flavored Yogurt Apple	1oz WGR Giant Gold Fish 8oz Milk
Wk 2	7	8	9	10	11
1 oz WGR Pretzels 3/4 C Strawberries Bowls	1oz WGR Cheez it 3/4 C Peaches Bowls	3/4 C Carrot Sticks Ranch Packet 6 oz Apple Juice	1oz Graham Crackers 3/4 C Fruit Salad	1 oz String Cheese 1 oz WGR Saltines	1oz Frosted Mini Wheats 8oz Milk
Wk 3	14	15	16	17	18
1 oz WGR Tortilla Chips 3/4 C Salsa Bowls	1 oz Graham Crackers Banana	1 oz Cheddar Sun Chips 3/4 C Pepper Strips	1 oz American Cheese Slices 1 oz WGR Saltines	4 oz Flavored Yogurt Apple	1oz WGR Giant Gold Fish 8oz Milk
Wk 4	21	22	23	24	25
1 oz WGR Pretzels 3/4 C Strawberries Bowls	1oz WGR Cheez it 3/4 C Peaches Bowls	3/4 C Carrot Sticks Ranch Packet 6 oz Apple Juice	1oz Graham Crackers 3/4 C Fruit Salad	1 oz String Cheese 1 oz WGR Saltines	1oz WGR Cheerios 8oz Milk
Wk 1	28	29	30	31	
1 oz WGR Tortilla Chips 3/4 C Salsa Bowls	1 oz Graham Crackers Banana	1 oz Cheddar Sun Chips 3/4 C Pepper Strips	1 oz American Cheese Slices 1 oz WGR Saltines	ALL MEALS INCLUDE 8OZ 1% UNFLAVORED MILK	