

Girls' Resident Camp.

June, 2017

Dear Parents of Girls Resident Campers,

. I thank you for the opportunity to work with your child and I look forward to meeting and speaking with you at the **Parent and Camper Meeting on Monday, July 10th at 6 PM.** The campers will be able to pick their tent-mates and meet their counselors and the parents will be able to listen and discuss Camp with my Assistant Camp Director and I. We look forward to seeing you there! If you have any questions/concerns before then, please do not hesitate to email me at kotwica@sarahheinzhouse.com or call 412-231-2377.

At Resident Camp, we offer many outstanding programs for your child. Some of our programs that we plan and implement for your daughter require additional permission

The forms are as follows and are attached to this letter:

1. Summer Food Application

The Summer Food Application is required for **ALL** campers. Each year, we participate in the Summer Food Program which ensures that all of our campers receive a daily, balanced diet while away at Resident Camp. By completing the form, we are able to determine if you daughter qualifies for this program.

2. Ropes Course Permission Slip

The Ropes Course Permission Slip **must be completed for each camper** that is attending Resident Camp. At Resident Camp, the campers can participate in our Low and High Ropes Course. Campers are able to build leadership and teamwork skills as they complete our Low Ropes Course, which challenges the camper to complete an element that sits only one foot of the ground. The High Ropes Course challenges our campers to face their fears and build confidence as they complete elements that are forty feet off the ground, with the use of a harness. As the parent/guardian, you must complete the form and specify if you give or not give permission for your daughter to participate in the program.

3. Paintball Permission (optional - age 12 and older only)

On our 110-acre campus, our older campers have the opportunity to participate in our Paintball Program. Before any camper goes to the course, they are instructed on how to safely use the equipment so they do not hurt themselves or their peers.

This program is strictly optional and is only offered to our campers that are 12 years and older. .

Also included in this mailing is the **Girls Resident Camp Handbook**. The Handbook outlines all of our policies, procedures, and important dates to remember in regards to Girls Resident Camp only. If you have any questions or concerns with anything in the Handbook, please contact kotwica@sarahheinzhouse.com or call 412 231-2377.

PLEASE: RETURN ALL FORMS ENCLOSED ASAP TO SARAH HEINZ HOUSE, INCLUDING THE SIGNATURE FORM AND CONFIDENTIAL FORM TOO.

Thank You!

Sincerely,

Sherri Kotwica "Mama Bear"
Camp Director

