



SHHA



MASTERS SWIMMING

Looking to get back into shape but have nobody pushing you? Join the Sarah Heinz House Masters Swim Team!!!! **Geared toward adults** who wish to swim and train under the guidance of a Swim Team Coach.

When: Monday-Friday 4-6pm

Where: Sarah Heinz House

Cost: \$120 for each session (5 sessions /yr)

Starting October 3rd!

Contact Coach Kyle Kenia at kenia@sarahheinzhouse.com for more information.